

The Best Jeans for Your Backside

We all can agree: Shopping for a new pair doesn't have to be such a pain in the, um, ass. Follow these tips to match your jeans to your shape and you'll look like you just squeezed in an extra session at the gym.

The Flat Bum

Wide-set pockets (about 2 to 3 inches apart) with embellishments, such as flaps and buttons, add volume to your backside and offer the illusion of curves.



The Bubble Butt

Show off what you've got in a pair with a curvy fit (a boot-cut style is most flattering)—the bottom is roomier, but the waist is nipped in, so you don't have any gaping at the top. The stitching blends in with the fabric, which has a slimming effect.



The Droopy Backside

The correct stitching can give your bum just the right lift. Look for diagonal stitching across higher-set pockets (if they fall below your butt, you'll look saggy). It draws the eyes up and toward the center of your seat.



SOURCE: CARLY LUNDY, MARKETING DIRECTOR
FOR NATIONAL JEAN COMPANY